



**Definition**

A physical therapist is a highly competent, valuable healthcare provider, who through clinical experience and education provides services that help restore function, improve mobility, relieve pain, and prevent or limit permanent physical disabilities of patients suffering from injuries or disease.

**Qualifications**

1. Current license to practice as a Licensed Physical Therapist in the state of placement
2. Graduate of an accredited physical therapist educational program
3. At least one (1) year of skilled practice within the past two (2) years
4. Must possess a comprehensive working knowledge of anatomy, biomechanics, general medical conditions, as well as therapeutic procedures and interventions for these conditions

**Functions**

1. Examines patients' medical histories and then test and measure the patients' strength, range of motion, balance and coordination, posture, muscle performance, respiration, and motor function.
2. Uses electrical stimulation, hot packs or cold compresses, and ultrasound to relieve pain and reduce swelling.
3. Uses Traction or deep-tissue massage to relieve pain.
4. Teaches patients to use assistive and adaptive devices, such as crutches, prostheses, and wheelchairs.
5. Shows patients exercises to do at home to expedite their recovery.
6. Develops treatment plans describing a treatment strategy, its purpose, and its anticipated outcome.
7. Documents patients' progress, conducts periodic examinations, and modifies treatments when necessary.
8. Determines patients' ability to be independent and reintegrate into the community or workplace after injury or illness.
9. Discharges patients from physical therapy when goals or projected outcomes have been attained and provides for appropriate follow-up care or referrals.
10. Informs patients when diagnosis reveals findings outside their scope and refers to an appropriate practitioner.

**Physical Demands and Working Conditions**

1. Work is of medium physical demand; walking and standing most of the time on duty.
2. Motor coordination and manual dexterity to coordinate hands, eyes, and fingers.
3. Sometime physically demanding because they often have to stoop, kneel, crouch, and lift.
4. Physical Therapists practice in hospitals, clinics, and private offices that have specially equipped facilities, or they treat patients in hospital rooms, homes, or schools.

By my signature below, I confirm that I have read the Physical Therapist Traveler Job Description and understand the contents thereof to be an accurate representation of my role while on an assignment with Holsman Healthcare, LLC.

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Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name